



2022 ANNUAL REPORT

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75 YEARS TOGETHER

By the mid-1940s, 7.5 million Americans suffered from arthritis or another form of rheumatic disease. At that time, few treatments were available, and many patients were severely incapacitated. Imagine what it was like back then. With limited mobility — confined by braces or crutches, as many were — aspirin was the only temporary solution.

In 2022, as we embarked on our 75th year of serving the arthritis community, we began looking back on how far we've come in "doing something" about arthritis. We've reached some incredible milestones on this journey.

Since the Arthritis Foundation's founding in 1948, we've funded groundbreaking advances in arthritis treatments, invested over half a billion dollars in innovative research and led the charge for better health care access, with new laws passed in all 50 states.

Just as importantly, thanks to you, no one has to go it alone. Together we're continuing to build and strengthen a community where everyone, regardless of where they are in their arthritis journey, can find support and answers.

And we're not done yet.

While 75 years of progress makes us proud, we are relentlessly working to find a cure. With your support, we're also pursuing new treatments through cutting-edge research and better access to care for everyone living with arthritis.

Your contributions make it all possible. Thank you for being on this journey with us.



A handwritten signature in black ink that reads "Steven Taylor".

Steven Taylor
President & CEO
Arthritis Foundation



A handwritten signature in black ink that reads "Matt".

Matt Mooney
Chair, National Board of Directors
Arthritis Foundation

75 YEARS OF PROGRESS





75 YEARS & COUNTING

In 2022, the Arthritis Foundation kicked off our 75th year of service to the arthritis community. It's amazing to look back over seven and a half decades and see all the groundbreaking milestones we've reached along the way.

Conquering arthritis isn't just about curing it. That's part of it, of course, and our quest is ongoing, with new breakthroughs being made all the time. Conquering arthritis is also about planning, researching and developing new resources and programs so that people with arthritis can live their best life today, until there's a cure.

Raising Awareness & Advancing Research

Working together with volunteers and supporters, we've continued raising awareness of arthritis as an urgent health issue. It's the nation's #1 cause of disability. Nearly 60 million adults and hundreds of thousands of children are living with the disease in the United States.

For 75 years, we've been the leader in bringing arthritis out of the shadows. We've been a key contributor to arthritis advancements, from joint replacement improvements to the development of biologics and more recently biosimilars. Our legion of volunteer Arthritis Advocates is helping move the needle in health care reform. There are more programs and resources available than ever before.

STORIES OF YES

Going Green for the Arthritis Foundation

2023

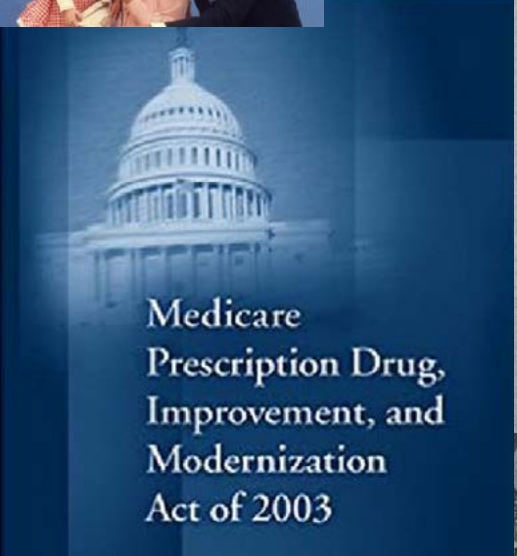
To commemorate our 75th anniversary, 52 buildings in 22 states lit up green in support of the Arthritis Foundation and our community, including iconic landmarks like Niagara Falls, Willis Tower, the NASCAR Hall of Fame and One World Trade Center. News stations and media outlets around the country picked up the story, helping spread awareness of our mission to over 400 million people.

Explore our [75 years of progress](#).



MAY 2021 INSIGHTS REPORT

How It Hurts



75 YEARS OF PROGRESS – A LOOK BACK

Every day for 75 years, we've empowered people with arthritis to take control of their disease and live their best life. Join us for a look back at the incredible journey we've made together and a look ahead at what's to come.

[Explore](#) our collective achievements, decade by decade, covering 75 years of progress and what we've accomplished together.

[Watch](#) our one-minute video, Then and Now. See how far we've come and the powerful impact we've made together.

Check out our special three-part series on the Live Yes! With Arthritis podcast, hosted by Arthritis Foundation President and CEO Steven Taylor, as we take a look back at our history and achievements and look ahead to our continuing commitment to conquering arthritis.

[In Part 1](#), longtime volunteers and dedicated supporters Stanford and Adrienne Rubin share memories of our nationally televised telethons, the California Coast Classic and more.

[In Part 2](#), Dr. Rowland (Bing) Chang joins us to discuss medical advances in arthritis and how the Arthritis Foundation has contributed to them.

[In Part 3](#), we focus on the progress made for kids with juvenile arthritis and their families, featuring guests who have served as volunteer and staff leaders of our JA program.

2022 IMPACT AT A GLANCE



FUNDING OUR MISSION

Across more than 60 communities, the Arthritis Foundation united patients, caregivers, volunteers, health care providers, business leaders, policymakers and community partners in **raising critical funds to support our mission**. Together, we spotlighted the heavy toll arthritis takes on our quality of life, our mental well-being and our economy.

Through events like Walk to Cure Arthritis, Jingle Bell Run, Bone Bash, the California Coast Classic Bike Tour and others, we inspired countless personal donations and corporate sponsorships. Their support continues to fuel cutting-edge arthritis research, urgent advocacy efforts and life-changing, evidence-based programs, tools and resources. These services enable patients and their caregivers to better manage their condition and live fuller lives.



188
Events
in 2022



First full year to
have in-person
events since 2020
due to the pandemic

- 61** Walk to Cure Arthritis Events
- 60** Jingle Bell Run Events
- 35** Galas & Golf Events
- 39,825** Registered Participants
- 1,309** Corporate Sponsors
- Over 500** Local Leadership Board Members, Event Chairs, Corporate Chairs, Honorees and Other Volunteer Leaders



PATIENT EDUCATION & SUPPORT

The Arthritis Foundation offers a variety of resources to educate people with arthritis on ways to take control of their condition, **reduce their physical pain** and **boost their mental health**. On-demand and in real-time, these channels reach people far and wide, sharing timely information about treatment options — plus promising research; new discoveries; healthy eating and physical activity; life hacks at home, work and school; and so much more.

Educational Opportunities



15,400 virtual touchpoints
Webinars & YouTube viewers

Live Yes! With Arthritis Podcast



23 new episodes
46,000 listens
65,000+ listens total since the **podcast** launched in late 2021

YouTube Views



4,300+ hours of time spent watching our **videos** = 180 days

arthritis.org



14 million **website** pageviews in the U.S.

POWERFUL CONNECTIONS

Since the Arthritis Foundation introduced our Live Yes! Connect Groups a few years ago, thousands of arthritis patients and caregivers have enjoyed the company of others who understand the challenges of living with arthritis. Before the pandemic, many groups met in person in different locations nationwide. COVID forced group events to become virtual.

Today, post-pandemic, there's a hybrid mix, with virtual and in-person meetings making it possible for participants, wherever they are, to connect with each other — whether it's by disease type or another shared interest. There's nothing like making new friends who "get it," to exchange tips, stories and ideas — and be "real" with each other.

LIVE YES! CONNECT GROUPS



85
GROUPS



31
STATES



300+
GROUP EVENTS



1,573
NEW PARTICIPANTS



12
NEW NATIONAL
VIRTUAL GROUPS

Learn more about
Connect Groups.

ADVOCACY ADVANCEMENTS

In 2022, tens of thousands of our volunteer Arthritis Advocates and Ambassadors demanded major changes in policies and laws — and got them passed. They told their stories to lawmakers and policymakers, leading to new measures that will make health care more accessible and affordable. They also secured important funding for crucial arthritis programs. Here are just a few of our key accomplishments.

2022



Top Congressional Priority Capping Out-of-Pocket Costs in Medicare Part D

- \$2,000 cap on out-of-pocket prescription costs, enacted as part of the Inflation Reduction Act.



First Funding for the [Pediatric Subspecialty Loan Repayment Program](#)

- Provides financial assistance for those choosing a pediatric subspecialty and practicing in a rural or under-served area.
- Authorized in 2010 but unfunded until 2022.
- \$5 million now available to address the nationwide shortage of pediatric rheumatologists.



[The Safe Step Act](#)

We achieved the highest number of co-sponsors and organization endorsements to date, bringing passage of federal reform legislation closer than ever.



- Step therapy is when insurance companies require patients to “try and fail” treatments before they can access the one their doctor prescribes.
- The Safe Step Act will require insurance companies to provide a transparent process for doctors to request exemptions for step therapy.



The ability to get a medical exception to their insurance provider’s step therapy protocol is an example of the access to quality care these patients — and every patient — deserve.

—Steven Taylor, Arthritis Foundation President & CEO



Preparing Patients for Biosimilars

We led the way in [spreading knowledge](#) to arthritis patients about the introduction of [biosimilars](#) as they first became available in the U.S.

- Biosimilars are lower-cost options for certain biologic drugs.
- There is no clinically meaningful difference in safety and effectiveness from the original drug.
- Introducing biosimilars provides expanded access and lower costs for patients.

Become an [Arthritis Advocate](#).

SCIENTIFIC RESEARCH HIGHLIGHTS

The Arthritis Foundation's research program drives the advancement of better treatments for all kinds of arthritis — and ultimately a cure for this life-altering disease in its many forms. Every day, we're making new strides.

We're helping train tomorrow's rheumatologists to bridge the gap in the field's shortage. We're funding the most promising research in osteoarthritis and other types of arthritis. In everything we do, we're committed to helping everyone affected by arthritis and related conditions live a more active life.



Rheumatologist Fellowships

- Four fellowships added to our current funding of 22 institutions



Overall Arthritis Research

- Over 75 scientists funded nationwide this year
- Nearly \$14 million invested in 2022



Osteoarthritis Research

- Almost \$17 million invested since 2020

Discover more about the Arthritis Foundation's [rheumatology fellowships](#), [science initiatives](#) and [osteoarthritis research](#).



STORIES OF YES

Dr. Mary "Peggy" Crow

2022

Winner of the 2022 Lee C. Howley Sr. Prize for her many contributions to arthritis research, Dr. Crow's work focuses on the induction and regulation of human autoimmune diseases. She is an internationally recognized leader in rheumatology, autoimmunity and immunology, and is a new member of the Arthritis Foundation's national board of directors.

[Read more about Dr. Crow's](#) arthritis research contributions.

KIDS GET ARTHRITIS, TOO®

Juvenile arthritis and related pediatric rheumatic diseases have been an Arthritis Foundation priority since our organization's mission began in 1948. Many people think of arthritis as an "old person's disease." But that's not the case. Kids get arthritis, too.

Hundreds of thousands of children and their families are affected by juvenile arthritis (JA) and related conditions.

Juvenile arthritis turns the lives of families upside down every day. Many of them have never heard of JA. The Arthritis Foundation is here to help them navigate their journey, from childhood into adulthood.

2022



2022 Milestones

- 1,134 kids participated in JA Camps, the JA Conference (now JA Family Summit) and JA Family Days
- JA Camps:
 - 11 in-person and virtual camps
 - 452 JA campers (+ 244 volunteers)
 - 57% growth over 2021 (post-pandemic)
- 1,021 JA Power Packs distributed



Awarded \$100K in Arthritis Champions Scholarships

- 20 students awarded \$5,000 college scholarships

“JA camp helped my child see that she is not alone. She was so happy to connect with kids who felt the same aches and pains that she feels. She couldn't believe their stories were just like hers. It helped her know she's not alone in the struggles she goes through on a daily basis. And it was incredibly fun ... the highlight of our summer.”

– JA parent and caregiver

Learn more about [juvenile arthritis](#).



STORIES OF YES

Jenna Becker

2022

Jenna Becker can't remember a time when she didn't have juvenile idiopathic arthritis. She's experienced many ups and downs managing her JA. But the moment her dad gave her a softball and a glove, she was determined to find a way to play no matter what. "Arthritis may be a part of us, but it does not define us. Anything is possible if you believe in yourself."

Read how Jenna is living a life of Yes with JA.

VOLUNTEER SUPPORT

The Arthritis Foundation is a patient-centered, volunteer-powered organization. Our volunteers are truly the engine that drive our success in the arthritis community, and we could not do our work without them.

Adding to the many volunteer contributions to the Arthritis Foundation, a highlight of 2022 was beginning an initiative to empower over 3,500 leadership volunteers with customized plans to support our quest to conquer arthritis in their local communities.

We are grateful for the commitment of many thousands of volunteers who make our events possible, stand with us to advocate for better laws, and connect with and support us every step of the way.

Explore how you can [volunteer](#).



STORIES OF YES

Travis Salmon

2022

"I only wish I had access to this 20 years ago," says Travis about resources from the Arthritis Foundation. And he wants you to know you don't have to go it alone either. Travis' quest for relief led him to a deep connection with the Arthritis Foundation community.

[See how Travis](#) connects and shares his story with others.

DIVERSITY, EQUITY & INCLUSION

Our promise is to empower all people with arthritis to live their best life. In 2022, the Arthritis Foundation leaned into efforts to expand our outreach to — and connection with — underrepresented communities with [a statement](#) on Diversity, Equity and Inclusion (DEI). And we [embarked on new initiatives](#) to reach those who face barriers to getting the health care they need and deserve.

Bridging The Gap

We continued cultivating a new generation of rheumatologists to bridge the current workforce gap. The Arthritis Foundation awarded grants to six researchers developing initiatives to address health care disparities and attract underrepresented minority medical students and residents to rheumatology.

Bringing People Together

Among milestones reached in 2022 were the launch of our new virtual Connect Groups, focusing on Black Americans, Hispanics, LGBTQIA and military veterans groups, among others. Members of these new groups are able to connect directly with communities they identify with.

We also brought together clinical rheumatologists with expertise in DEI and curriculum development for a two-day summit. Arthritis Foundation-funded health equity researchers presented their research, and a panel of experts discussed the challenges and potential solutions to expanding the rheumatology workforce.



STORIES OF YES

Dr. Ashira Blazer

2022

“We’re all healthier when we’re ALL healthier,” says Dr. Blazer, trailblazer in rheumatology and passionate about addressing racial disparities in U.S. health care. “I think we really have to change what to look for in the next generation of rheumatologists. We must prioritize what we know is going to improve the health of all patients.”

Read how [Dr. Blazer is blazing new trails](#).

ARTHRITIS@WORK

Recognizing the Need

In the U.S., almost two-thirds of adults with arthritis are younger than 65 years old. That means millions of people with arthritis are managing both their arthritis and their careers — resulting in lost productivity and increased health care costs. Employers often do not realize their teams need dedicated support to deal with arthritis pain at work.

Providing Resources

The Arthritis Foundation provides employers a way to meet this need through [Arthritis@Work](#) — a free program providing companies with turnkey arthritis tools and resources to support their employees. The program integrates seamlessly as part of existing corporate wellness programs.

From assistance for managers to pain management programs for employees, companies ensure their employees feel seen, heard and supported while reducing missed workdays, increasing productivity and lowering health care costs. In 2022, the number of participating Arthritis@Work partners grew by over 50%. It's a powerful resource for employers to provide employees with effective arthritis support.



#1 cause of disability

2nd largest driver of employer health care costs

1 in 4 employees with arthritis on your health plan

ARTHRITIS

92% patients whose pain interferes with day-to-day activities

172 million workdays lost annually

\$304 billion total medical costs and earning losses annually



2022 DONORS

Together, in partnership with our generous 2022 donors, we made great strides to improve even more people's lives. Thank you for helping change the future of arthritis today.

Our National Corporate Partners

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\$500,000 - \$999,999

AbbVie
Amgen USA Inc.
Pfizer Inc.

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\$250,000 - \$499,999

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DISCOVERY SOCIETY

\$300,000 - \$999,999

Alpha Omicron Pi Foundation
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CENTURY SOCIETY

\$100,000 - \$299,999

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Elizabeth Hofert-Dailey Trust
Hospital for Special Surgery

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Mr. & Mrs. Stanford K. Rubin, Esq.

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\$10,000 - \$24,999

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\$100,000 - \$499,999

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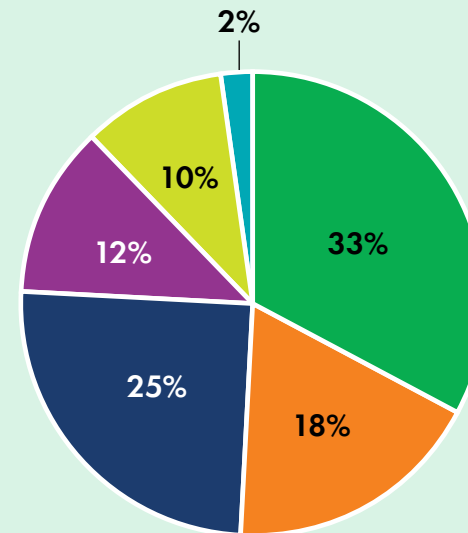
Anna Ryan
Regional Vice President, West Region

FINANCIAL HIGHLIGHTS

In 2022, the Arthritis Foundation invested \$31.4 million in research and public health education.

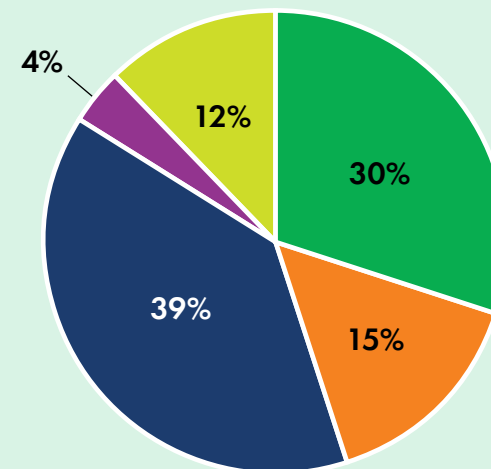
EXPENSES: \$54.3 M

Public Health Education	17.7 M
Patient & Community Services	9.8 M
Research	13.7 M
Fundraising	6.7 M
Management & General	5.6 M
Professional Education & Training	0.8 M



REVENUE & PUBLIC SUPPORT: \$59.6 M

Contributions*	18.0 M
Special Events (net)	9.1 M
Bequests	23.0 M
Government Grants & Other Income	2.2 M
Subtotal Donor & Other Income \$52.3 M	
Investments	7.3 M



Net Assets
End-of-Year:
\$167.3 M

Complete audited financial statements are available online at [arthritis.org/financials](https://www.arthritis.org/financials).

*Includes \$4.3 M in pharmaceutical, biotechnology and medical device corporate support, representing 7% of total organization revenue.

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DEI Initiatives
arthritis.org/dei-initiatives

Story – Dr. Ashira Blazer
arthritis.org/ashira-blazer

Arthritis@Work
arthritis.org/atwork

Arthritis Foundation Financials
arthritis.org/about-us/financials

Quick Links

Website:
arthritis.org

Facebook:
Facebook.com/arthritis.org

Instagram:
Instagram.com/arthritisfoundation

LinkedIn:
Linkedin.com/Company/arthritis-foundation

X (formerly Twitter):
Twitter.com/ArthritisFdn

We Journey Together Campaign:
arthritis.org/journey

